

Dress Code

The primary purpose of our dress code policy is to ensure that our students are neat, clean, and well-groomed for school activities. The appearance should reflect the Christian values of our school and foster a positive learning environment. Parents are responsible for ensuring their child dresses according to this code.

General Appearance

- Students should dress neatly.
- Clothes should be clean and tidy, not tight-fitting, revealing, or inappropriately oversized.
- Holes, rips, and excessively frayed clothing will not be tolerated.
- RLS school dress code colors (**navy, light blue, khaki, or white for tops and navy or khaki for bottoms**) should be worn on designated uniform days.
- Girls in JK-8th grade may also wear the designated plaid from specific vendors.
- Middle School students may wear **any solid color top with a collar and khaki or navy bottoms** on school uniform days.

General Dress Code

Pants/Shorts/Skorts/Skirts:

- Boys- Walking shorts or pants are required. Fit should be comfortable, not too loose or too tight.
- Girls- Walking shorts, skirts, skorts, jumpers, or pants are required. Fit should be comfortable, not too loose or too tight.

Note:

*Length should be mid-thigh or longer for **JK-5th Grade**.*

***Middle school** girls shorts/skorts/skirts should be no shorter than 7 inches from the back of the crease of the knee.*

- Dresses (Girls) - Length should fall at the top of the knee.
 - The dress should be the designated school color or plaid.
 - Collared shirts must be worn under jumpers or sleeveless dresses.
- Students are encouraged to wear pants that touch the top of their shoes.
- No sweatpants, soccer shorts, gym shorts, etc.
- No cut-offs are permitted unless hemmed.
- No spandex or leggings may be worn as pants.
- Girls (JK-5th) may wear leggings under skirts, jumpers, or dresses that are at least mid-thigh in length for **JK-5th Grade**.

- **Middle school** girls may wear leggings under shorts, skorts, and skirts. Leggings should follow the RLS school color guidelines outlined under "Dress Code: General Appearance."

Shirts:

- Must have a collar or turtleneck.
- Sleeveless shirts for girls in warmer weather are allowed as long as they have collars, have the material between the neckline and arm at least "three fingers" wide (no "spaghetti straps"), and are form-fitting around the armpit area.
- Shirts should not have designs or writing, except for approved shirts with the school logo.
- No plunging or scooped neckline.
- No see-through or meshed material.

T-shirts:

- May be worn on designated days only.
- Designs or writing on the t-shirt should be age-appropriate.
- Crude language or pictures will not be tolerated.

Shoes:

- Students are encouraged to wear sneakers or dress shoes.
- Open-toed and/or open-backed shoes are prohibited for safety reasons - including flip-flops, sandals, Crocs, and clogs.
- Platform shoes and high heels are not permitted.
- Athletic shoes or sneakers should be worn on PE days.

Socks and Tights:

- It is expected that socks are generally to be worn in school for safety and hygiene reasons.
- Girls may wear tights matching the child's outfit.

Cardigans:

- Should match the child's outfit.

Sweatshirt/Pullover Sweaters:

- **JK-5th Grade:** Acceptable to wear inside if they are solid school uniform colors or RLS Spirit Wear and do not have significant wording, lettering, or art besides school logos/designs.
- **Middle School:** Acceptable to wear inside if they are solid colors or RLS Spirit Wear and do not have wording, lettering, or art besides school logos/designs.
- Other sweatshirts may only be worn as "coats" and must be removed when a student enters the classroom.

Coats:

- Should not be worn in the classroom.
- No restriction on design, color, or style.

Hats:

- To be worn outside.
- No offensive logos or words.

PE Dress Code**Students in JK-3rd Grade:**

- Wear regular school uniform attire for PE days (school uniform shorts/skorts or pants and school uniform collared shirt/top).
- Classroom teachers will share the grade-level PE schedule at the beginning of the school year.

Students in 4th-8th Grade:

- Wear the new 2023 PE Uniform on Thursdays
- Wear the 2023 “school theme” t-shirt on Fridays with navy or khaki pants/shorts/skorts appropriate for activity.
- All students should wear socks and athletic shoes on PE Days.
- For colder weather on PE days, a student may wear navy sweatpants. Girls may wear navy leggings under their navy shorts. Sweatshirts may be worn during PE class if they are the RLS Spirit Wear sweatshirts or plain navy/gray.

SPIRITWEAR DAYS and DRESS DOWN DAYS

- Every student will receive our 2023 school theme shirt this year. Please wear the school theme shirt on **Fridays** with navy or khaki bottoms according to school uniform standards.
- **JK-3rd Grade** should wear the school theme shirt on Fridays with navy or khaki bottoms.
- **4th Grade through 8th Grade** will wear the school theme shirt with navy or khaki bottoms on Fridays as part of their PE attire.
- **JK-5th Grade** Classroom teachers may award a “dress down day” monthly for their classroom.
- The Middle School teachers will collaborate to award a “dress down day” once a month.
- ALL EARLY RELEASE DAYS will be dress-down days. Students have the option to dress in casual attire.
- We will have special Dress Down Days for fundraisers and special events throughout the school year.

Dress Down Day Guidelines:

"Dress Down Day" allows students to dress comfortably and casually while maintaining a neat and well-groomed appearance. This opportunity promotes a positive and relaxed atmosphere while ensuring appropriateness in attire. Please refer to the General Appearance and General Dress Code Guidelines to ensure that casual attire meets our school's standards. Let's make Dress Down Day an enjoyable experience!