

Spotlight

Written by Eva, Averi, and Savannah

Bible Verse of the Week

Psalm 71:5 "For you, O Lord, are my hope, my trust, O Lord, from my youth."

In this time of trouble there is a lot of uncertainty. We don't know what is going to happen, or how we are going to deal with everything. We need to be able to put faith in something, and a lot of times it seems that there is no hope, but remember, God is with us. He has a plan, and is watching over us. We just need to put our trust in him.

Busting Boredom

We all have been stuck at home for a month now, and everyone is slowly going insane, or at least running out of things to do. Here are a few ideas to kick boredom out the door.

1. **Write a letter.** It doesn't have to be anything fancy, and you don't actually have to send it. Maybe write a letter to your future self, or to a friend or family member.
2. **Do a chore.** For some of you, this may seem like the worst thing in the world. But you can make chores fun. Let your imagination run wild.
3. **Go camping.** This might seem like a horrible idea, especially with this thing called social

distancing, but it is worth a try.

Notice, I did not say where you had to go camping. Pitch a tent in your backyard, and spend a night under the stars.

4. **Play with a sibling.** Do you ever find yourself arguing and never wanting to play with them again? Maybe you actually said it. Now is a time to ask for forgiveness and work together to have a good time.
5. **Draw something.** Drawing may seem a little hard for some people, but we won't judge! It is a great and easy way to pass the time. If you aren't good at drawing you can always color something. Just look up coloring pages, and then print them.
6. **Watch TV.** We are all very bored, or at least I am, but if you have a TV feel free to watch it. You can turn on Disney+, Netflix, Hulu, or just watch any streaming service if you want. Just make sure you don't watch it for too long!

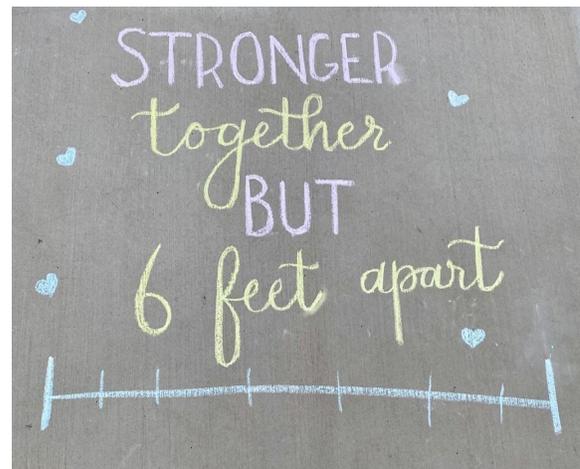
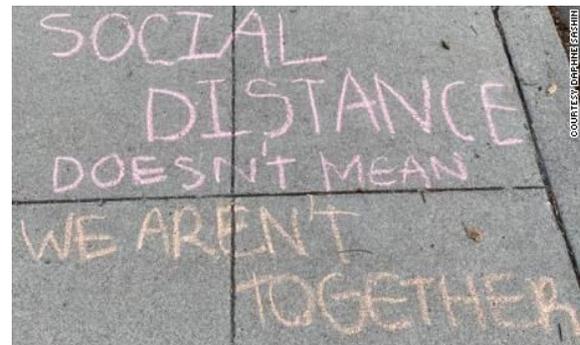
COVID-19

What is the coronavirus, and why is it keeping us locked up? COVID-19 is a disease that can cause a fever, cough, shortness of breath, chills, muscle pain, headaches, sore throat, and loss of taste or smell. People around the age of 65 or who already have a disease are at higher risk of having major symptoms of the coronavirus. So why do we need to stay home? There are a couple reasons. One, so that we don't get sick. We need to take a precaution so that we can stay healthy. Two, we need to flatten the curve. This means that we need to get as few people to get the virus as possible. We don't want the hospitals to be overwhelmed with people, so instead of having everyone get the virus at once, we need to try and have it be over a longer period of time. So next time you feel like there is no reason for this social distancing, remember that there is.

Staying Positive

In this time we all need a little positivity in our lives! We need to remember that God has everything under control! Things can go wrong, but that is just part of life, for example when my cousin died I was so sad, but then a few years later I found out his heart was donated to another little girl, and it saved her life! So good things can come out of bad things. In history, we have gone through so much worse. Such as, in England, there was a disease called the Black

Plague, which was a terrible event in history. We still don't know how it started, but some people think it was rats with fleas. Other people before us have gone through much worse and they still survived, and so we can do it just as they did. In those times of trouble, we have gotten through it, so we can also do it now in this age.



Talking to friends

Talking with the girls: Wanna talk to the 6th grade girls? If so come join us at 3:00-3:50. Here is the code 591-094-047 and the password lions.

Art Contest

We can all agree that we are super bored, so why not have an art contest! We want to see your amazing art work! It will be due on Friday, May 1st and we will judge it on the weekend and get back to you all who won on Monday. You can draw whatever you want, but please tell us what it is! We are super excited for you guys to show your great skills! Whoever wins will get their artwork put on the next newspaper. Please submit your work on the classroom "Spotlight".

Quarantea Time

Jokes by Averi and Savannah (these pictures do not belong to us, we got them from google (:)

Zoom meeting,
audio only

Zoom meeting
with video

